



Gymnasium Schedule

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Limited Open Gym	Open Gym*	Open Gym*	Open Gym *	Open Gym*	Open Gym*	Limited Open Gym
			4K Fitness 9:15 AM - 9:45 AM (no class Jan 10, 17)			
	Pickleball 10:00 AM - 12:00 PM (no pickleball Jan 1)		Pickleball 10:00 AM - 12:00 PM			
			Open Gym			
	Open Gym*		4K Fitness 1:15 PM - 1:45 PM Jan 24, Feb 7, 21			
	Youth Dodgeball League 3:45 PM - 4:30 PM Feb 5 - 26		Open Gym*			
			Wee Sports Sampler 5:35 PM - 6:05 PM Jan 16 - Feb 13			
	Open Gym*		Legend's Basketball League 6:00 PM - 9:00 PM			
			Open Gym*			
Gym closes at 8:45 PM	Gym closes at 9:45 PM	Gym closes at 9:45 PM	Gym closes at 9:45 PM	Gym closes at 9:45 PM	Gym closes at 8:45 PM	Gym closes at 8:45 PM

Too cold to walk outside? Walk at the Centre Monday - Friday, 1:00 PM - 3:00 PM.

*Open Gym may be limited due to Birthday Parties and Centre Programs.

Facility Hours

	October - April	May - September
Monday - Thursday	4:45 AM - 10:00 PM	4:45 AM - 9:00 PM
Friday	4:45 AM - 9:00 PM	4:45 AM - 8:00 PM
Saturday - Sunday	7:00 AM - 9:00 PM	7:00 AM - 8:00 PM

Kids Kove Hours

	October - April	May - September
Monday - Saturday	8:00 AM - 12:00 PM	8:00 AM - 12:00 PM
Monday, Wednesday, & Thursday	4:15 PM - 8:15 PM	4:15 PM - 8:15 PM
Tuesday & Friday	4:15 PM - 7:45 PM	4:15 PM - 7:45 PM
Sunday	10:30 AM - 1:00 PM	Closed

Please note that all program areas close 15 minutes before the facility.

For information on renting the gym please contact

Julie Griepentrog, Youth Teen & Family Manager
at julieg@nracentre.com or 715-243-0847

Gymnasium Rules

Be aware of your surroundings. Safety is our #1 concern.

No horseplay, pushing, or shoving.

Be polite, courteous, and respectful to others at all times.

Inappropriate language will NOT be tolerated. Anyone using foul language will be asked to leave the facility.

Gym shoes only. Please change shoes before entering gym.

No Heelys, bikes, skateboards, rollerblades, softballs, or baseballs allowed in the gym.

No bouncing balls in halls, off walls, or ceiling.

Hanging from the basketball net or rim is not permitted at any time.

No person shall use the gym for any activity other than its intended purposes, unless approved by the manager on duty

Outside groups using the gym are responsible for cleanup and any damage to the gym after use.

Members and Community Participants are responsible for the cost of any damages resulting from disorderly conduct or misuse of equipment.

The Centre is not responsible for any lost or stolen items. Please store belongings in lockers and remember your lock.

