

“Our purpose is deeper,
people helping people.

We are fortunate to live in a caring community.”



Join us as we embark on our 8th Annual Helping Hands Campaign. Your helping hand will give us the opportunity to expand on the experience you and your fellow members have while at the Centre.

**Helping Hands Campaign Goal:
\$28,750**

Areas of support are:

Centre Cares

NuStep Machine

Teen Programs

Kids Kove Discovery Center

Your donation, your choice!

The Centre's Helping Hands campaign allows you to put your donation to work where you choose. Please see the Helping Hands donation card to indicate how you want your donation allocated. Any level donation is appreciated and will help the Centre provide programming and activities.

Recognizing Your Support!

As a thank you for your support of our Helping Hands campaign, all donations of \$48 or more will be recognized on our Giving Tree wall in the front lobby.



Examples of How You Can Lend a Helping Hand!

\$48 (\$4.00/month)

Provide additional equipment and programming for seniors, enhancing their quality of life, and offering continued socialization through activities geared just for seniors.

\$84 (\$7.00/month)

Help support teens in leadership development and community service related programs during the after school and summer hours in a safe, structured, and community focused program.

\$132 (\$11.00/month)

The NuStep will bring additional health and fitness opportunities for our older adult population allowing them to stay fit and extend their quality of life. The NuStep machine is for all fitness levels and is a great way to stay active.

\$252 (\$21.00/month)

Support six months of membership for a single parent family through our Centre Cares program. Centre Cares provides over \$60,000 each year in scholarships for individuals and families in our community to participate in life changing programs.

\$500 (\$41.67/month)

Help provide a wonderful amenity for children as they play and run and jump around an indoor play structure sized just for them. This new structure will help develop motor skills along with hours of laughter and fun. Children will be able to use the playground when mom and dad are utilizing the rest of the facility.

Centre Cares

Centre Cares is a financial assistance program designed to serve our community through our mission of Health, Fitness and Fun for All Ages. Centre Cares provides over \$60,000 each year and over \$460,000 since we opened. The program supports over 200 individuals and families



so they may participate in life changing programs at the Centre.

Our goal is to raise \$12,000 to provide membership and programs for people in our community.

"The Centre's website claims that the staff is there to serve the community and the mission statement is to provide health, fitness and fun for all ages. In my interactions at the Centre, I have found these values to be especially true. It pleases my heart to bring my children there to play and I can't begin to thank you enough for the wonderful gift you've given my family. Hopefully my story will impact some of my deep felt gratitude." - Centre Cares recipient



Teen Programs

The need for programs and activities for our community youth continues to grow. **This year our goal is to raise \$5180 to help support programs and activities for teens.** Some of these programs include our Youth Character Initiative (YCI), which provides before and after school programming for teens along with a full day summer program. We also want to support no school days for middle school kids and free summer memberships for teens in 6th through 8th grade. Last year 125 students took advantage of the opportunity to spend the summer at the Centre.

NuStep Machine

Specifically geared towards seniors the NuStep machine gives a low impact, full body cardio and strength workout. This machine is easy to use and simulates the motion of walking but without the strain of being outside in the winter months. **Our goal is to raise \$3920 to install a third NuStep machine in the fitness center.**



Kids Kove Discovery Center

The discovery center will allow for the development of gross motor skills as well as fine motor skills. Children are encouraged to participate in dramatic play thanks to open-ended play areas and areas beneath the play decks. In addition, this play structure meets ADA guidelines. **Our goal is to raise \$7650 to bring a new play and discovery area to Kids Kove.**



Please note that the Centre is a 501c3 organization. Your donation is fully tax deductible under IRS and Wisconsin tax regulations when itemizing deductions.