



Gym Schedule

November 2010 - December 2010

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
5:00am	Closed						Closed				
6:00am											
7:00am	*Limited Open Gym 7:00am - 7:45pm	*Limited Open Gym 5:00am - 10:15am									
8:00am											
9:00am											
10:00am		Tumbling Tykes 10:15am - 11:30 am									
11:00am		*Limited Open Gym 5:00am - 6:00pm						*Limited Open Gym 5:00am - 6:00pm	*Limited Open Gym 5:00am - 6:00pm	*Limited Open Gym 5:00am - 7:45pm	*Limited Open Gym 7:00am - 7:45pm
12:00pm											
1:00pm											
2:00pm		*Limited Open Gym 11:30am - 6:00pm									
3:00pm											
4:00pm											
5:00pm											
6:00pm											
7:00pm		Open Gym 6:00pm - 9:45pm						Open Gym 6:00pm - 9:45pm	Adult Basketball 6:00pm - 9:45pm	Adult Basketball 6:00pm - 9:45pm	
8:00pm		7:45pm Close									7:45pm Close
9:00pm											
10:00pm		9:45pm Close	9:45pm Close	9:45pm Close	9:45pm Close						

If you have questions on renting the gym please contact:

Tate Wheeler

Fitness Director

715-246-2252 or twheeler@nrcentre.com

Facility Hours:

Monday-Thursday 5:00am-10:00pm

Friday 5:00am-8:00pm

Saturday 7:00am-8:00pm

Sunday 7:00am-8:00pm

Kids Kove

Mon-Fri 8:00am-12:00pm

4:15pm-7:45pm

Saturday 8:00am-12:00pm

Please note that all program areas close 15 minutes before the facility.

* Limited Open Gym due to Centre Programming, Teen/Tween Nights and Birthday Parties