



Gym Schedule

Sep-10

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
5:00am	Closed						Closed					
6:00am												
7:00am	*Limited Open Gym 7:00am - 7:45pm	*Limited Open Gym 5:00am - 10:15am										
8:00am												
9:00am												
10:00am		Tumbling Tykes 10:15am - 11:30 am										
11:00am		*Limited Open Gym 5:00am - 6:00pm						*Limited Open Gym 5:00am - 6:00pm	*Limited Open Gym 5:00am - 6:00pm	*Limited Open Gym 5:00am - 7:45pm		
12:00pm		*Limited Open Gym 11:30am - 6:00pm										*Limited Open Gym 7:00am - 7:45pm
1:00pm												
2:00pm		Open Gym 6:00pm - 8:45pm						Open Gym 6:00pm - 8:45pm	Open Gym 6:00pm - 8:45pm	Pick-up Basketball 6:00pm - 8:45pm		
3:00pm												
4:00pm		7:45pm Close						8:45pm Close	8:45pm Close	8:45pm Close	7:45pm Close	7:45pm Close
5:00pm												
6:00pm		8:45pm Close						8:45pm Close	8:45pm Close	8:45pm Close		
7:00pm												
8:00pm		8:45pm Close						8:45pm Close	8:45pm Close	8:45pm Close		
9:00pm												

If you have questions on renting the gym please contact:

Tate Wheeler

Fitness Director

715-246-2252 or twheeler@nrcentre.com

Facility Hours:

Monday-Thursday 5:00am-9:00pm

Friday 5:00am-8:00pm

Saturday 7:00am-8:00pm

Sunday 7:00am-8:00pm

Kids Kove

Mon-Fri 8:00am-12:00pm

4:15pm-7:45pm

Saturday 8:00am-12:00pm

Please note that all program areas close 15 minutes before the facility.

* Limited Open Gym due to Centre Programming, Teen/Tween Nights and Birthday Parties